



The Strand Bar EVENING MENU

served daily 5pm to 8pm



STARTERS/SMALL PLATES

Seafood Chowder 12.50

Homemade creamy chowder with a mix of fish & shellfish served with Guinness brown bread
G CY MK S M F SP C

Rocket, Pear & Parmesan Salad MK MD & N 16.50

With blue cheese, cherry tomatoes, red onions, candied walnuts & a honey & mustard dressing (Add Chicken €3.50)

Mexican Style Beef Nachos 14.50

Crispy tortilla chips topped with spiced minced beef slow-cooked with kidney beans & jalapeños, finished with melted cheese and served with guacamole, sour cream & fresh salsa MK S

Vegetarian Nachos 12.50

Corn Tortilla, melted cheese, jalapeño, guacamole & fresh salsa MK S

Chicken Wings 13.95

Tossed in a homemade mango & habanero sauce served with a side of blue cheese dressing E MK F

Ciabatta Garlic Bread 6.00 add Cheese G E MK 6.50

Prawns Pil Pil 14.95

King prawns in chilli and garlic oil served with crusty bread C G F

Irish Mussels

Cooked in a creamy white wine, garlic & lemon sauce & served with garlic ciabatta G, M, F, CY, SP, MK

Starter - 14.95 Main Course 19.95

MAINS

10oz Sirloin Steak 32.95

Chargrilled topped with garlic butter & served with tobacco onions, sauté mushroom, homemade peppercorn sauce & chips G MK MD

Our Famous Guinness Beef Stew 19.00

A slow cooked stew with Guinness stout & mixed vegetables topped with creamy mashed potato G MK CY S

Thai Red Chicken Curry MK CY C 19.00

Medium spiced, chicken fillet, mixed peppers topped with fresh coriander & chillies, served with Basmati rice & poppadom

House Burger 19.50

8oz Steak burger. Cheddar cheese, smokey bacon, lettuce, tomato & pickles with mustard mayo served with chips.
E S G MK MD SS. Go Double - Extra Beef - €3.50

Swiss Burger 19.50

8oz Steak burger, Gruyère cheese, lettuce, caramelised red onion & garlic mayo G E MD SP MK SS

Vegan/Vegetarian Daily Dish 18.00

Please ask your server

Fish 'N Chips 21.50

Light & crispy fresh cod in our homemade beer batter served with chips F E MD G

Chargrilled Chicken Supreme 22.50

Served with mixed salad, chips, homemade coleslaw & a chorizo sauce MK CY MD SP

Pan Fried Salmon 23.95

Served with baby boiled potatoes, tenderstem broccoli & lemon Beurre blanc F SP MK CY

JUNIORS (Kids 14 years and under)

Pasta with creamy tomato sauce CY G S MK E 8.00

Chicken Goujons 8.50

Breaded chicken fillet served with chips G CY E SS S

Sausages & Chips 8.00

Two Irish sausages fried & served with chips G

Fish 'N Chips 10.00

Light & crisp battered cod served with chips & tartar sauce F G MD E

Kids Burger & Chips G MK 10.00

Junior sized portions 10.00

Chicken curry, beef stew G MK CY C

All 14 allergens are openly used throughout our kitchen.

Trace amounts may be present at all stages of cooking.

G-Gluten, C-Crustaceans, E-Eggs, F-Fish, M-Molluscs, S-Soybeans, P-Peanuts,

N-Nuts, MK-Milk, CY-Celery, MD-Mustard, SS-Sesame Seeds, SP-Sulphites, L-Lupin



"Please ask your server about
Today's Specials"

Side Orders

Chips 4.50

Mash MK 4.00

Side of Veg 4.00

Green Salad MD 4.50

Homemade Coleslaw E MD 3.95

Dips 2.50



password
"bluerock1"

"Please note that ALL tips, cash & electronic go directly to staff and are shared equally with EVERY member of the team"

10% service charge will be added for groups of 8 or more



Evening Menu

www.thestrandbar.ie

